

# Lawyer to Peacemaker - A Hero's Journey To The Heart

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The Hero's Journey is the story of many lawyers in the world who are making a difference for peace. It's the path of Luke Skywalker, Obi-Wan Kenobi and Yoda.

The Hero's Journey begins with an idea, a need, a yearning and following it like a beam of light. It takes you to your heart. It's a calling. You answer. You go to it. It feels so good. Comfortable, loving, welcoming, peaceful, wise, enveloping. You know that feeling. You've felt it before in meditation or on a walk in the woods or a moment of insight that changed your life. You want more. You turn around and keep going back. The motion of spinning around time and again creates a whirring of energy, motivation, an unstoppable urge to keep doing it, to keep it going. It becomes a vortex of creativity, focus and drive to go deeper and radiate further outside of yourself. You love yourself. You see where you've been and what you have to bring to the world. It propels you on your journey.

At least that's how it started for me - at a continuing legal education training taught by Woody Mosten, lawyer/mediator. He was my Obi-Wan Kenobi. My heart is my Yoda.

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